

Caitlin Schad

856-812-3363
Caitlinschad@gmail.com

EXPERIENCE

Royal Fitness, Barrington NJ—Swim Instructor/Swim Coach

January 2024- PRESENT

- Teach daily swim instruction to students varying in ages and skill levels.
- Maintained CPR, First Aid, and lifeguard certifications to ensure preparedness for emergency situations during lessons.
- Promoted a fun learning environment through engaging activities and games designed to reinforce essential swimming skills.
- Improved swimmer confidence by providing consistent positive reinforcement and constructive feedback on technique.
- Provided positive reinforcement and motivation to increase student confidence and performance.

Sabrina's Cafe, Collingswood— Host/Food-Runner

June 2025- PRESENT

- Interacted with guest
- Answered Phones
- Helped prepared food and bring it to guest
- Communicated with my co-workers
- Made Drinks
- Took order and helped pre pare to-go orders

EDUCATION

Rowan University, Glassboro NJ — Bachelor of Arts in

Journalism, Minor in Social Media Strategies and Statistics

Expected June 2028

Paul VI High School, Haddonfield NJ—High School Diploma

June, 2024

SKILLS

- Pediatric CPR, First Aid, AED certified
- Reliable and Responsible
- Babysitting Certified
- Works well with kids
- Communication skills
- Lifeguard Certified

PROJECTS

Social Media Manager

- Helped create content and run social media accounts for various organizations including: Rowan World Language Department, The Whit (Rowan University's news paper) and Royal Fitness.
- Created Flyers
- Filmed and Edited various videos

